The first four numbers and their various forms in systems or patterns of connection feature in ancient times as the general platform of understanding. This was highlighted in the Pythagorean idea of the *tetraktys* that sums to 10 which was regarded as encompassing everything. In modern times, neurophysiology and the investigation of 'sense of number' show that the brain instantly recognises patterns of 1, 2, 3 and 4 without any counting.

If we look around us we cannot fail to notice monads, dyads, triads and tetrads everywhere - though they may at first lie hidden because of their specific uses in separate domains - in business, science, psychology, media and so on.

In this fifteenth gathering I want to share with you the material I have accumulated on the wide, colourful and diverse forms these systems take; but also to explicate their particular 'logics'. Each of the systems offers its own set of disciplines that relate to certain kinds of purpose and function.

I also hope to show how these 'elementary' systems might evolve into higher ones. If there is sufficient time and interest, I would like to share with you some thoughts on 'music and mentation' with illustrations ranging over 30,000 years. In the process of unfolding my approach I hope to show you what the systems 'are' and wean you away from considering them as 'somethings'. And introduce you to (or enable you to recollect) the underlying method of this way of mentation (which is Gurdjieff's 'mentation by form').

My hope is that you will carry away with you the spirit of this mentation rather than any extra baggage to remember.

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